## R. E. Society's

R. P. Gogate College of Arts and Science, and

R. V. Jogalekar College of Commerce, Ratnagiri

## **Capability Enhancement and Development Schemes**

## 2018-19

## Soft Skill Development

- Soft skills help learners to develop their personality together with their technical skills.
- Soft skills develop professional, social and academic skills to harness hidden strengths; capabilities and knowledge equip them to excel in real work environment and corporate life.
- Soft skills embed ethical values and critical thinking in student.
- Soft skills help learner
  - To know about various aspects of soft skills and learn ways to develop personality.
  - To understand the importance and type of communication in personal and professional environment.
  - To provide insight into much needed technical and non-technical qualities in career planning.
  - To learn about leadership qualities and team building.
  - To make decision and negotiation strategies.
  - To combat with stress.
  - To build capacity and creativity at work place.
  - To create impressive resume; to learn about interview skills.
- To inculcate soft skills among learner, entire course (Soft Skills development) is conducted during semester.
- Various sessions on interview skills, group discussions, etc... will develop the personality.
- Live demonstration in sessions help learners to learn about their capabilities to strive in real world.
- Stress can be managed with the help of Yoga. Yoga sessions help learners to enhance thinking capability, management of stress, etc.

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